THE ICEBERG MODEL

EVENTS

Events: Surface level issues and challenges we see and hear around the core issue we're exploring.

PATTERNS

The Patterns: If we look just below the event level, we often notice patterns. What keeps happening?

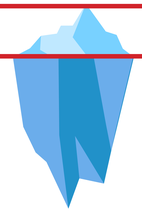
STRUCTURES

Systemic Structures: "What is causing the pattern we are observing?" The answer is usually some kind of structure.

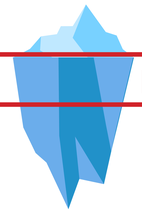
MENTAL MODELS

Attitudes, beliefs, morals, expectations, and values that allow structures to continue functioning as they are. These are the beliefs that we often learn subconsciously from our society or family and are likely unaware of.

THE SYSTEM WE ARE EXPLORING IS:



EVENTS



PATTERNS

STRUCTURES

MENTAL MODELS

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