

# PRINCIPLES

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**TAKE CARE OF EACH OTHER**

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**CHALLENGE EACH OTHER**

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**CHECK YOUR PRIVILEGE—  
IN OURSELVES AND IN SYSTEMS**

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**CHECK POWER & OUR MOTIVES**

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**BE BRAVE & ADMIT THINGS**

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**DITCH THE DODOS—  
LET GO OF OUR ATTACHMENT TO IDEAS**

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**BE OPEN TO DIFFERENT WAYS  
OF EXPRESSING OURSELVES**

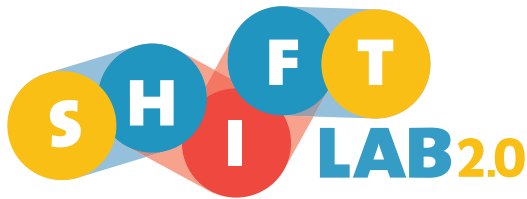
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**BE SUPPORTIVE OF OUR  
LEARNING JOURNEY**

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**TAKE TIME FOR PERSONAL REFLECTION**

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## **TEAM 1**

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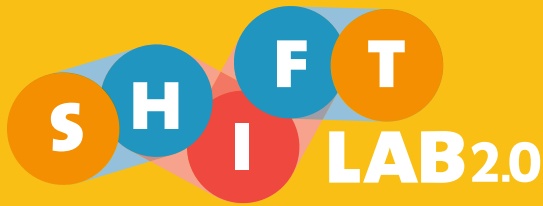
**How might we reimagine what it means to be a treaty person?**

### **CHALLENGE**

How can we begin to redefine and engage with what it means to be a treaty person/relative? Our intention is to explore strategies, concepts and practices that support conversations in meaningful ways on how we practice in our everyday lives being treaty people living in Treaty 6 territory.

### **VISION**

Edmontonians engage meaningfully and help people/relatives understand and connect with their treaty relations, obligations, and responsibilities.



## **TEAM 4**

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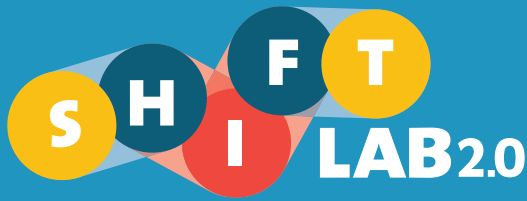
**How might we design intervention(s)  
that de-escalate public displays of overt  
racist behaviour?**

### **CHALLENGE**

How can we create a series of positive behaviours, actions, responses, verbal cues and other techniques to confront racist rants/behaviours in public settings?

### **VISION**

A mental toolbox of actions and responses a person can take to defuse a potentially volatile display of racism or racist behaviour in a public setting.



## **TEAM 3**

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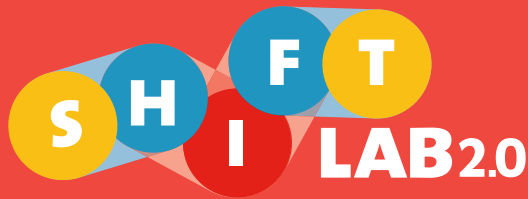
**How might we create encouraging pathways that help potential allies for racial justice overcome white fragility?**

### **CHALLENGE**

There are many people who consider themselves non-racist but whose participation in conversations about racism are limited by white fragility. How can we design interventions for the “sleepy middle” that reduce white fragility and facilitate difficult conversations about race? How do we do this in a way that doesn’t trigger white fragility and attracts people who might not already be on the “racial justice freeway”?

### **VISION**

More people have tools, strategies, and/or principles to overcome white fragility, which in turn facilitates more difficult conversations about race and white allies on the “racial justice freeway.”



## **TEAM 2**

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**How might we create an interactive empathy experience that strives to reduce racist behaviour over time?**

### **CHALLENGE**

Building on the success and popularity of interventions like the Blanket Exercise or the Poverty Simulation, how might we leverage empathy-immersive experiences with insights from behaviour change science? How can an intervention result in effective follow-up and calls-to-action? What would a “drip campaign” of slow-and-steady intervention points look like?

### **VISION**

A tool, toolkit or interaction with digital and in-person components that helps people to empathize and develop behaviour-based habits that reduce racist behaviours over time.